

**TERM 3 WEEKLY TIMETABLE: Monday 20 July 2020 to Friday 25 September 2020**

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**

**Playgroup**

A playgroup for families with children aged **1 to 2 years** that supports play-based learning

**Bookings essential**  
**9.00am to 10:30am**

**Playgroup**

A playgroup for families with children aged **2 to 3 years** that supports play-based learning

**Bookings essential**  
**9.00am to 10:30am**

**Learn and Grow**

A playgroup for families with children aged **3 to 4 years** that supports play-based learning

**Bookings essential**  
**9.00am to 10:30am**

**Aboriginal Playgroup**

A playgroup for Aboriginal families with children aged **birth to 4 years**

**Bookings essential**  
**9.00am to 10:30am**

**Bubs Playgroup**

Playgroup for families with children aged **birth to 12 months**

**Bookings essential**  
**9.00am to 10:30am**

**Balga Primary School playgroup**

A playgroup for families with children aged birth to 4 years

**Commencing 27 July**  
**9.00am to 10.30am**

\*Sing&Grow will deliver an eight-week music program 3 August – 21 September

**Building Blocks North Balga Primary School playgroup**

A playgroup for families with children aged birth to 4 years

**Commencing 4 August**

**9.00am to 10.30am**

**Parenting workshops and activities available:**

- ❖ Solid Start: 27 July
- ❖ Fostering Independence: 10 August
- ❖ Screen Time: 17 August
- ❖ Family Fun Day: 19 August
- ❖ Speech pathology drop-in clinic: 20 August
- ❖ Childhood Fears: 26 August
- ❖ Sing&Grow workshop: 15 September
- ❖ Baby massage: September

**Balga Primary School playgroup**

A playgroup for families with children aged birth to 4 years

**Commencing 30 July**  
**9.00am to 10.30am**

**Circle of Security**

An 8-week parenting program designed to strengthen parent-child relationships

**31 July**  
**to**

**18 September**  
**12.30pm to 2.30pm**

Creche available  
**Bookings essential**

**Aboriginal Health Clinic**

Bookings essential  
Phone **9345 7105**

**Wellbeing workshop**

A five-week workshop to support enhanced health and wellbeing

**4 August**  
**to**

**1 September**  
**1.00pm to 2.00pm**

**Bookings essential**  
**Limited creche places available**

For further information on programs or to register, please phone the Centre **6151 1980** or drop into

**8 REDCLIFFE AVENUE**  
**BALGA**



**The Growing Tree**

A transition program designed to support parents and their children who are commencing Kindy in 2021.

**30 July to 24 September**  
**12.00pm to 1.30pm**

**Registration essential**

To book appointments with the

**Child Health Nurse**  
phone

**9207 1109**

**Email: WarriapendiCPC@mercycare.com.au**

**Buckle up safely**

