

## TERM 1 WEEKLY TIMETABLE: Monday 3 February 2020 to Thursday 9 April 2020

### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

#### Aboriginal Playgroup

A playgroup for Aboriginal families with children aged birth to 4 years

9.30am to 11:30am

#### Learn and Grow

Children and parents learn and thrive in a semi-structured play-based learning environment

9.00am to 11:00am

#### Open Playgroup

A playgroup for families with children aged birth to 4 years that supports play-based learning

9.00am to 11:00am

#### Open Playgroup

A playgroup for families with children aged birth to 4 years that supports play-based learning

9.00am to 11:00am

#### Bubs Playgroup

Playgroup for families with children aged birth to 12 months

9.00am to 11.00am

#### Aboriginal Health Clinic

Bookings essential.

Phone 9345 7105

#### North Balga Primary School playgroup

A playgroup for families with children aged birth to 4 years

Commencing 11 February  
9.00am to 10.30am

#### Sing&Grow

An 8-week music making program

19 February to 8 April  
1.30pm to 2.30pm  
Bookings are essential

#### Parenting workshops and activities available:

- Speech pathology drop-in sessions: 20 February & 2 April
- PPP Seminar 2: 26 Feb
- Water safety: 27 Feb
- Anxiety discussion: 28 Feb
- Shared community cultural lunch: 6 March & 3 April
- Let's Sleep: 16 March
- Harmony lunch: 20 March
- Heart Beat Club: 25 March
- Screen Time: 30 March
- PPP Seminar 3: 1 April
- Solid Start: 6 April
- Protective Behaviours
- 123 Magic & Emotion Coaching
- Oral health talk
- Baby massage
- Toilet training

#### Child Health Nurse Drop in Session

9.00am to 11.00am

#### Balga Primary School playgroup

A playgroup for families with children aged birth to 4 years

Commencing 10 February  
9.00am to 10.30am

#### Balga Primary School playgroup

A playgroup for families with children aged birth to 4 years

Commencing 7 February  
9.00am to 10.30am

#### Conversational English

Commencing 11 February  
1.30pm to 2.30pm  
Creche available.  
Bookings essential by contacting the Centre

#### Circle of Security

An eight-week parenting program designed to enhance the bond and a sense of security for both parent and child.

12 February to 1 April  
6.00pm to 8.00pm  
NO creche available

#### Circle of Security

An eight-week parenting program for parent and carers with children under 6 months of age.

14 February to 3 April  
9.30am to 11.30am

For further information on any program please contact the Centre or drop into

8 Redcliffe Avenue  
Balga



**BE SUN SAFE**  
Remember to bring your hat to the Centre for outdoor play

Ph: 6151 1980

Email: [WarriapendiCPC@mercyCare.com.au](mailto:WarriapendiCPC@mercyCare.com.au)